

Rudy

Strength does not come from physical capacity. It comes from an indomitable will.

-Mahatma Gandhi

Rudy grew up in a steel mill town where most people ended up working, but wanted to play football (Rugby) at the University of Notre Dame instead. There were only a couple of problems. His grades were a little low, and he was only half the size of the other players. But he had the drive and the spirit of 5 people and has set his sights upon joining the team. This movie is about his determination to overcome the odds and fulfilling his dream of playing for Notre Dame.

Answers

1. The odds were stacked overwhelmingly against Rudy whenever he talked to his friends and family about playing football. Why did they consider him as unfit to play football?

C. Rudy had limited athletic ability and was not very well-built at all

2. To achieve a bigger goal, it is important to stay constantly motivated and connected with the goal. How did Rudy stay connected with his goal of playing for the team?

A. By following every match closely and knowing every piece of information about the team and its players

3. A journey of a million miles starts with a single step. Please tick the most important step Rudy takes towards achieving his goal of playing for Notre Dame.

A. Rudy takes up admission at the Holy Cross College, close to the University of Notre Dame

4. Quite often, it is important to realise that some of the goals cannot be achieved overnight. Rudy understood this really well. What episodes in the movie showcase this ability of his?

B. Rudy explains his credentials to the football coach very confidently and clearly tells him that he will work hard to ensure he is ready to play in the future and not that particular year

5. Notre Dame and its football team meant everything for Rudy. Given the impossible task of making it to the team, it was important for Rudy to stay motivated. How does Rudy ensure he gets a feeling of being a part of the team?

C. Working for the ground staff of the team and committing to do anything he could to help the team

6. What key lesson did you learn by seeing Rudy apply unsuccessfully to the University year after year?

Never give up

7. List down the 2 most important people who you think played a very important role in ensuring Rudy achieved his goal. Discuss their roles in Rudy's success.

a. The grounds-man (Encouraged him, gave him a place in his team)

b. Rudy's friend

c. The father who guided him and offered him a place at Holy Cross

8. Which of the following behaviors of Rudy show that preparation is the best way to ensure success?

B. Working hard on the grades and fitness levels during his time at the Holy Cross college

9. When Rudy is about to give up on playing football when he is not included in the final list of 30 players, what is the advice the grounds man gives Rudy?

A. There is nothing left for Rudy to prove. He has already proven everybody wrong to get to this level and he should just enjoy the game

10. List down 2 key lessons you have picked up from the movie:

a. Break down the larger goals into smaller goals

b. Stay focused-Always

c. Never give up

d. Preparation is the best way to ensure success